

## Public Health Update Report

### Introduction

This paper provides an update on the performance of four public health services commissioned by the Herefordshire Council.

### 1. Substance Misuse Service

Substance misuse services were commissioned and implemented by December 1<sup>st</sup> 2015. Addaction, a national organisation, successfully tendered for the 3-year (+1 +1) contract, against another national provider. The incumbent provider elected not to submit a proposal.

The new package was to deliver, over the course of the contract, a more locally distributed service that included adults and young people, and closely aligned to the recovery agenda of the government's drugs strategy, and the national alcohol strategy. Along with other drug and alcohol service providers across England Addaction was required to move to a recovery model of care. As the incoming new service provider they have had the challenge of implementing the new model whilst maintaining continuity of care for existing clients.

To date the following challenges have arisen:

- Working culture remains an issue requiring sensitive, but proactive, attention. The previous provision was characterized by long term maintenance of individuals with few prospects for recovery, a poor offer of harm reduction and isolation of individuals.
- The ability to deliver hubs during the first half of 2016 was severely disrupted by local legal and community issues. This delayed Leominster opening by seven months and Ross-on-Wye will not, at this time, have a permanent locality base. These delays have affected Addaction's ability to develop appropriate responses for smaller, isolated communities.
- Recruitment of nursing staff to enable, e.g., hospital in reach has so far failed. While recruitment continues, another solution may be required, e.g. involving WVT's assistance to satisfy some of this requirement within hospital settings.
- The availability of properly structured shared care in GP practices requires proper review. Currently service users are maintained, rather than being encouraged and challenged to make the changes which result in recovery.
- Young people have been less than adequately provided for, with the county struggling with 0.6WTE youth worker to serve the county and partner with West Midlands YOS. This has now risen to 1.6WTE but a service gap remains and Public Health might consider if it should lead on reviewing the possibility of cross-contract work, e.g. with sexual health, to resolve this.

Performance against key indicators:

Indicator	Baseline	June 16	Diff	Top Quartile
PHOF 2.15i (opiate completions & no re-presentation)	8.0%	7.2%	-0.8%	8.09% – 10.04%
PHOF 2.15ii (non-opiate completions & no re-presentation)	21.1%	22.7%	+1.6%	42.92% - 52.17%
Alcohol and non-opiate successful completions	24.7%	24.3%	-0.4%	42.06% - 60.92%
Alcohol successful completions (national average only)	30.7%	31.5%	+0.8%	39.48% (ave)

Source: NDTMS

## 2. Sexual Health Services

Sexual health services were procured in 2015 and the new sexual health services commenced from December 1<sup>st</sup>, 2015. After a successful tendering exercise, Herefordshire Health Partnership (HHP) was awarded the 3-year (+1 +1) contract to deliver a more community-focussed offer which would also offer innovation, in the shape of online offerings for testing of HIV and sexually transmitted infections (STIs). HHP began operation from new premises at 29-30 Commercial Road in May this year after a shortened establishment period.

As with substance misuse services, the new provider has experienced issues with establishing the new service including:

- Identifying and developing suitable premises in a challenging timeline;
- Transferring staff to new working practices, culture and organisational structures;
- Recruitment and training;
- Responding to the challenges of significant health issues, particularly late diagnosis of HIV and low rates of chlamydia detection in 15-24 age range.

However, HHP has benefited from maintaining the senior manager of the preceding service who has also designed and established the new service. It has a high approval rating from users (98%) and is showing success in the use of online services, such as SH:24 which provide discreet and rapid testing for HIV, syphilis, gonorrhoea, and chlamydia. The service is now in the second stage of development, seeking locality bases and also addressing opening hours in Hereford in line with Public Health expectations.

There are some outstanding issues, one of which, access to specialist HIV treatment, has recently been resolved. NHSE awarded this service to Worcester Acute Hospitals NHS Trust after a short tender and partnership with HHP has been established. Access to psychosocial medicine and therapy is problematic. Psychosexual therapy is not the remit of HHP or the commissioning responsibility of Public Health leaving a gap in provision.

Primary care and outreach will be key to the future of the new service and, with Taurus Healthcare Ltd as a key partner, there is a vehicle for ensuring services are embedded at a community level. Vital to success will be the development of the Managed Service Network, bringing together crucial partners with the wider goal of establishing functionality across the county.

### 3. NHS Health Checks

Since April 2015 the Council has a contract in place with Taurus to deliver NHS Health Checks programme through a range of approved providers. These include GP practices, Asda, Help2Change, IceCreates, Nestor Primcare and North51. Apart from GP practices no other provider has been providing this service. This is mainly due to lack access to the patient data held by GP practices.

In 2015-16, GP practices sent out invitations to 11,802 patients (which is 20% of the total eligible population as per Government guidance). The uptake was, however only 49%. The original Government target for uptake was 75% but an interim target of 66% was set last year.

Table below provides figures for this year to date:

	April	May	June	July	YTD
Invitations	1,199	1,390	1,161	1,094	4,844
Completed Checks	416	382	448	463	1,709
Percentage Uptake	34.7%	27.5%	38.6%	42.3%	35.3%

The total population to be invited this year is 12,205 so the number of invitations is on course. Uptake continues to be well short of the interim target of 66%.

Public Health has been working with Taurus to use other providers making this service more accessible in terms of timings and location.

### 4. Stop Smoking Services

We have two types of Stop Smoking contracts in place; behavioural Support and pharmacotherapy. Contracts for Behavioural Support have been in place since 1<sup>st</sup> April 2015, Pharmacotherapy contracts since 1<sup>st</sup> April 2016.

Any organisation with appropriately qualified staff can provide behavioural support and they then provide the service user with a voucher to obtain the appropriate pharmacotherapy, usually Nicotine Replacement Therapy, from the pharmacotherapy provider, which must be a pharmacy. Currently we have contracts with Asda, Boots, Day Lewis, H.G. Clewer, Leominster Pharmacy and Rowlands to provide both Behavioural Support and Pharmacotherapy. Chandos and Chave and Jackson pharmacies will provide Pharmacotherapy on provision of a voucher from a Behavioural Support Provider. Help2Change, IceCreates, Nestor Primcare, North51 and Taurus are approved providers of Behavioural Support only. Of these only Taurus are currently providing a service via 5 practices and Halo. In 2015-16, 261 people set a quit date and 132 were confirmed quit at 4 weeks from them (50% success which equates with the national average). For 2016 -17 the Q1 figures show that 52 set a quit date and 15 reported quit at 4 weeks (29% success). The low quit rate is a

cause of concern. Public Health has been considering to increase the number of organisations (including GP Practices and pharmacies) approved to provide Stop Smoking Behavioural Support. Also, plans are being developed with maternity services to refer all pregnant smokers to stop smoking service, unless they specifically opt out.

#### **5. Programmes/service for future review**

- Healthy Child Programme 0-19
- Children and Young People Mental Health
- Healthy Lifestyle Trainer Service (HLTS) for Behaviour Change
- Active HERE
- Healthier You (Diabetes Prevention Programme)
- Public Health Savings 2016-17 to 2019-2020